

Name: _____ Cell no: _____

Delivery Address: _____

Day	Meal Choices	Size and Quantity				Total Price
		Medium	Quantity	Large	Quantity	
Mon - 01 JUL	Beef stroganoff on rice with mixed veg	R 50		R 75		
	BBQ pork on mash and served with butternut and spinach	R 50		R 75		
Tue - 02 JUL	Monkey gland beef strips served on rice with roasted veg	R 50		R 75		
	Chicken and brocolli casserole served with mash and mix veg	R 50		R 75		
Wed - 03 JUL	Cottage pie and gravy served with roasted veg	R 50		R 75		
	Honey and mustard pork chop served with mash and mix veg			R 75		
Thu - 04 JUL	Chicken cordon bleu served with rice butternut and spinach			R 75		
	Spaghetti bolognaise	R 50		R 75		
Fri - 05 JUL	Braai pack: 100g Sirloin, wors and chicken thigh with salad			R 90		
	Chicken curry and rice with sambals	R 50		R 75		
Mon - 08 JUL	Beef Bobotie on yellow rice with roasted veg	R 50		R 75		
	Lemon & herb chicken fillet on rice with veg	R 50		R 75		
Tue - 09 JUL	Beef stew served with green beans, rice and pumpkin	R 50		R 75		
	Chicken a la king served on rice with a veg on the side	R 50		R 75		
Wed - 10 JUL	Chicken, bacon and potato bake served with mixed veg	R 50		R 75		
	Pork roast served with rice and mixed veg	R 50		R 75		
Thu - 11 JUL	Sweetcorn and mince bake topped with mash plus roasted veg	R 50		R 75		
	Chicken Schnitzel served with cheese sauce, rice, butternut and spinach	R 50		R 75		
Fri - 12 JUL	Braai pack: Chicken thigh, drum stick, wors and coleslaw			R 90		
	Beef prego pasta served with a salad on the side	R 50		R 75		
Mon - 15 JUL	Beef stir fry on yellow rice with veg	R 50		R 75		
	Marinated pork neck steaks served with rice and veg	R 50		R 75		
Tue - 16 JUL	Beef lasagne served with roasted veg	R 50		R 75		
	Chicken kebabs with rice and veg	R 50		R 75		

Day	Meal Choices	Size and Quantity				Total Price
		Medium	Quantity	Large	Quantity	
Wed - 17 JUL	Beef bean stew on rice served with roasted cabbage	R 50		R 75		
	Pork Bangers and mash served with gravy and roasted veg	R 50		R 75		
Thu - 18 JUL	Beef Stew with braised cabbage, carrots and mash	R 50		R 75		
	Chicken alfredo with a salad on the side	R 50		R 75		
Fri - 19 JUL	Braai pack: Pap and gravy with wors and pork chop			R 90		
	Crumbed chicken strips with sweet chilli sauce on mash	R 50		R 75		
Mon - 22 JUL	Home made meatballs in mushroom sauce on mash served with roasted veg	R 50		R 75		
	Honey glazed gammon served on rice with butternut and beans	R 50		R 75		
Tue - 23 JUL	Beef curry and rice served with sambals	R 50		R 75		
	Chicken Schnitzel served with cheese sauce, rice, and mixed veg	R 50		R 75		
Wed - 24 JUL	Beef goulash served with sweet potato mash and roast veg	R 50		R 75		
	Butter chicken curry on rice with butternut and creamed spinach	R 50		R 75		
Thu - 25 JUL	Beef roast with rice, butternut and creamed spinach	R 50		R 75		
	Pork neck steak served with rice, cabbage and butternut	R 50		R 75		
Fri - 26 JUL	Braai pack: 100g sirloin with wors and served with pap pie			R 90		
	Chicken lasagne with veg	R 50		R 75		
Mon - 29 JUL	Marinated chicken strips on mash served with veg	R 50		R 75		
	Sweet and sour pork served on rice with veg	R 50		R 75		
Tue - 30 JUL	Beef and tomato bredie served on rice with veg	R 50		R 75		
	Pork belly served on rice with veg	R 50		R 75		
Wed - 31 JUL	Beef cordon bleu served with rice and roasted vegetables			R 75		
	Moroccan chicken thighs served with green beans and butternut	R 50		R 75		

SALADS AS A MAIN MEAL

	Greek Salad	R50		
	Cous Cous Salad	R50		
	Pasta Pesto Salad	R50		
	Chicken Avo Salad	R50		

Preferred method of payment:

Cash Credit Card EFT

Final Total

FREE DELIVERY in Jetpark only
CLICK & COLLECT from the Bakery

Corner of Kelly road and Malcolm Moodie crescent, Jetpark