

Name: _____ Cell no: _____

Delivery Address: _____

Day	Meal Choices	Size and Quantity				Total Price
		Medium	Quantity	Large	Quantity	
Thu - 01 AUG	Pork neck steak served with rice, cabbage and butternut	R 50		R 75		
	Chicken alfredo with a salad on the side	R 50		R 75		
Fri - 02 AUG	Braai pack: 100g sirloin and boerewors with ciabatta and coleslaw	/		R 90		
	Chicken curry and rice with sambels	R 50		R 75		
Mon - 05 AUG	Spaghetti Bolognese with a salad	R 50		R 75		
	Marinated chicken strips on rice with butternut and spinach	R 50		R 75		
Tue - 06 AUG	Roast leg of pork, rice, gravy, roasted veg	R 50		R 75		
	Chicken and mushroom pie, garlic baby potatoes and carrots	R 50		R 75		
Wed - 07 AUG	Sweetcorn and mince bake topped with mash plus roasted veg	R 50		R 75		
	Chicken Schnitzel served with cheese sauce, rice, butternut and spinach	R 50		R 75		
Thu - 08 AUG	Beef lasagne served with roasted veg	R 50		R 75		
	Butter chicken curry on rice with butternut and green beans	R 50		R 75		
PUBLIC HOLIDAY - FRIDAY, 9 AUGUST						
Mon - 12 AUG	Home made meatballs in mushroom sauce on mash served with roasted veg	R 50		R 75		
	Honey glazed gammon served on rice with butternut and beans	R 50		R 75		
Tue - 13 AUG	Beef stroganoff on rice with mixed veg	R 50		R 75		
	Chicken, bacon and potato bake served with mixed veg	R 50		R 75		
Wed - 14 AUG	Cottage pie, gravy, peas and corn	R 50		R 75		
	Chutney chicken fillets on yellow rice with mix veg	R 50		R 75		
Thu - 15 AUG	Beef prego pasta served with a salad on the side	R 50		R 75		
	BBQ pork on mash and served with butternut and spinach	R 50		R 75		
Fri - 16 AUG	Braai pack: Chicken thigh, drum stick, wors and coleslaw	/		R 90		
	Beef stir fry on noodels with roasted veg	R 50		R 75		

Day	Meal Choices	Size and Quantity				Total Price
		Medium	Quantity	Large	Quantity	
Mon - 19 AUG	Beef curry and rice with sambels	R 50		R 75		
	Crumbed chicken strips with sweet chilli sauce on mash	R 50		R 75		
Tue - 20 AUG	Sweet and sour pork served on rice with veg	R 50		R 75		
	Chicken and brocolli casserole served with mash and mix veg	R 50		R 75		
Wed - 21 AUG	Beef cordon bleu served with rice and roasted vegetables	/		R 85		
	Chicken Stroganoff on rice with mixed veg	R 50		R 75		
Thu - 22 AUG	Beef Boboti on yellow rice with pumpkin fritters and spinach	R 50		R 75		
	Honey and mustard pork chop served with mash and mix veg	/		R 75		
Fri - 23 AUG	Braai pack: 100g Sirloin, wors and chicken thigh with salad	/		R 90		
	Savoury mince on rice with veg	R 50		R 75		
Mon - 26 AUG	Curry and banana meatballs on rice with mix veg	R 50		R 75		
	Brown onion chicken fillets on rice with mix veg	R 50		R 75		
Tue - 27 AUG	Beef roast with rice, butternut and creamed spinach	R 50		R 75		
	Chicken a la king served on rice with a veg on the side	R 50		R 75		
Wed - 28 AUG	Chicken cordon bleu served with rice butternut and spinach	/		R 85		
	Roast pork with rice, carrots and braised cabbage	R 50		R 75		
Thu - 29 AUG	Grilled garlic steak strips on mash with veg	R 50		R 75		
	Chicken kebabs with rice and veg	R 50		R 75		
Fri - 30 AUG	Braai pack: Chicken thigh, drum stick, wors and coleslaw	/		R 90		
	Boerewors stew on mash with veg	R 50		R 75		

SALADS AS A MAIN MEAL

Salad	Price	Quantity	Total Price
Greek Salad	R50		
Cous Cous Salad	R50		
Pasta Pesto Salad	R50		
Chicken Avo Salad	R50		

Preferred method of payment:

Cash Credit Card EFT

Final Total

FREE DELIVERY in Jetpark only
CLICK & COLLECT from the Bakery

Corner of Kelly road and Malcolm Moodie crescent, Jetpark