

Name: \_\_\_\_\_ Cell no: \_\_\_\_\_

Delivery Address: \_\_\_\_\_

Day	Meal Choices	Size and Quantity				Total Price
		Medium	Quantity	Large	Quantity	
Tue - 01 OCT	Beef Boboti on yellow rice with pumpkin and spinach	R 50		R 75		
Tue - 01 OCT	Honey and mustard pork chop served with mash and mix veg			R 75		
Wed - 02 OCT	Beef roast with rice, butternut and creamed spinach	R 50		R 75		
Wed - 02 OCT	Chicken Schnitzel served with cheese sauce, rice, butternut and spinach	R 50		R 75		
Thu - 03 OCT	Cottage pie, gravy, peas and corn	R 50		R 75		
Thu - 03 OCT	Chicken and broccoli casserole served with mash and mix veg	R 50		R 75		
Fri - 04 OCT	Braai pack: 100g sirloin and boerewors with ciabatta and coleslaw			R 90		
Fri - 04 OCT	Crumbed chicken strips on mash with mix veg	R 50		R 75		
Mon - 07 OCT	Beef stroganoff on rice with roasted veg	R 50		R 75		
Mon - 07 OCT	Pork neck steak served with rice, cabbage and butternut	R 50		R 75		
Tue - 08 OCT	Spaghetti Bolognaise with coleslaw	R 50		R 75		
Tue - 08 OCT	Roast leg of pork, rice, gravy, roasted veg			R 85		
Wed - 09 OCT	Marinated beef strips on rice with mixed veg	R 50		R 75		
Wed - 09 OCT	Chicken cordon bleu served with rice butternut and spinach			R 85		
Thu - 10 OCT	Roast beef with rice, butternut and creamed spinach	R 50		R 75		
Thu - 10 OCT	Pork neck steak served with rice, cabbage and butternut	R 50		R 75		
Fri - 11 OCT	Braai pack: 100g Sirloin, wors and chicken thigh with salad			R 90		
Fri - 11 OCT	Mince topped with Butternut and a side of vegetables	R 50		R 75		
Mon - 14 OCT	Beef lasagne served with a side salad	R 50		R 75		
Mon - 14 OCT	Butter chicken curry on rice with butternut and green beans	R 50		R 75		
Tue - 15 OCT	Sticky beef kebab on mash with curry noodle salad	R 50		R 75		
Tue - 15 OCT	Pork bangers on mash with gravy and peas	R 50		R 75		
Wed - 16 OCT	Sweetcorn and mince bake topped with mash plus roasted veg	R 50		R 85		
Wed - 16 OCT	Chicken stir fry on noodles with roasted veg	R 50		R 75		

Day	Meal Choices	Size and Quantity				Total Price
		Medium	Quantity	Large	Quantity	
Thu - 17 OCT	Meatballs on spaghetti with napolitana sauce	R 50		R 75		
Thu - 17 OCT	Pork belly on rice with braised cabbage and butternut	R 50		R 75		
Fri - 18 OCT	Braai pack: Chicken thigh, drum stick, wors and coleslaw			R 90		
Fri - 18 OCT	Chicken and Avo salad	R 50		R 75		
Mon - 21 OCT	Beef curry and rice with sambles	R 50		R 75		
Mon - 21 OCT	Chicken kebabs with rice and veg	R 50		R 75		
Tue - 22 OCT	Roast pork with rice, carrots and braised cabbage	R 50		R 75		
Tue - 22 OCT	Quarter chicken with rice and gravy served with butternut and spinach			R 85		
Wed - 23 OCT	Sweet and sour pork with rice and veg	R 50		R 85		
Wed - 23 OCT	Chicken, bacon and potato bake served with mixed veg	R 50		R 75		
Thu - 24 OCT	Cottage pie, beans and carrots	R 50		R 75		
Thu - 24 OCT	Chicken schnitzel with cheese sauce and veg	R 50		R 75		
Fri - 25 OCT	Braai pack: Pap and gravy with wors and pork chop			R 90		
Fri - 25 OCT	Savoury mince on rice with veg	R 50		R 75		
Mon - 28 OCT	Grilled garlic beef strips on mash with butternut and spinach	R 50		R 75		
Mon - 28 OCT	Lemon and herb chicken fillets on rice with veg	R 50		R 75		
Tue - 29 OCT	Beef cordon bleu served with rice and roasted vegetables			R 85		
Tue - 29 OCT	Chicken a la king on rice	R 50		R 75		
Wed - 30 OCT	Beef Stroganoff on rice with butternut and spinach	R 50		R 75		
Wed - 30 OCT	Morrocan chicken thighs on mash with green beans and butternut	R 50		R 75		
Thu - 31 OCT	Beef and tomato bredie on rice with veg	R 50		R 75		
Thu - 31 OCT	Chicken alfredo with a side squalad	R 50		R 75		

### SALADS AS A MAIN MEAL

	Greek Salad	R50	
	Cous Cous Salad	R50	
	Pasta Pesto Salad	R50	
	Chicken Avo Salad	R50	

**Free delivery in Jetpark only**  
**Collect from the Bakery**  
Cnr Kelly and Malcolm Moodie Cresent, Jetpark

Preferred method of payment:

Cash  Credit Card  EFT

Final Total